



HK50+ are Go for 2022

Volunteering opportunities....



The Hangleton and Knoll 50+ Steering Group is a resident led group of volunteers supported by the Hangleton and Knoll Project. The Group works to improve the health and wellbeing of residents aged 50 and over by tackling social isolation, developing and supporting new interests, groups and activities, and giving older people a voice in the community.



We are looking for new Committee members to join our team at this exciting time as we move forward and start to make plans for the future.



Could this be for you?

- Do you enjoy being part of a team working together on shared projects/goals?
- Are you passionate about working with and supporting older people in the community?
- Are you soon to retire, just retired, or have time and energy to spare and keen to get involved in something new?
- Do you enjoy setting up new projects, organising events, making a difference?

What would be involved?

- Attending regular monthly Committee meetings
- Responding to emails in between meetings to feed in ideas and be part of decision making
- Supporting our range of activities and projects throughout the year such as events, daytrips, social and wellbeing activities



How will you benefit?

- Meeting new people and feeling more connected to the local community
- Developing skills, confidence and experience of volunteering
- Volunteering as part of a friendly team to make a positive impact on people's lives
- Ongoing support is available from our dedicated Older People's Community Worker
- HKP offers 1-1 IT support with setting up emails, documents, admin tasks etc.



For further information and a chat about whether this could be for you contact Clare Hopkins, Tel: 0742 2692845 or Email:

clare.hopkins@hkproject.org.uk

